



Who We Are

The **Coordinated Children's Services Initiative (CCSI)** of New York City is a unique cross-systems forum that brings together parents, caregivers, youth, and service providers throughout the five boroughs of NYC on a monthly basis to create meaningful dialogue, share resources, and advocate for increased awareness and quality access to care for children and youth with mental and emotional health challenges. Using the system of care model, CCSI members tackle some of the toughest barriers standing in the way of youth receiving comprehensive and streamlined services to support their health and well-being and work together to advocate for positive change.

Get Involved!

Are you passionate about helping children and youth receive the best supports and services possible in NYC to help them thrive? Do you have ideas for how to improve child-serving systems in the city? Do you want to share and receive great resources with families, youth advocates, and service providers?

If you want to spread awareness about the importance of high quality mental and behavioral health services for young people and advocate for the rights of ALL children to thrive, then

COME BE PART OF THE SOLUTION!

For More Information

Visit Our Website: <https://ccsinyc.org/events/>





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Awareness**

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welcome

The CCSI Team is happy to announce the start of a new Monthly Newsletter!

We are very excited to see this project come to fruition with the help of our community.

If you'd like to be included in our October Newsletter, please reach out to The CCSI Program Coordinators:

Ali Cruz | Erika Esquivel
acruz@vibrant.org | eesquivelevibrant.org

September is:

National Suicide Prevention Awareness Month

Blood Cancer Awareness Month

Hispanic Heritage Month

National Literacy Month

Hunger Action Month

Sept. 2023

The BBC's were joined by **Angela Keller & Jessica Stanis, OMH** to present on the Systems of Care & collect community input to determine what each Borough's needs are.



pssst!

Join us next month to help us vote on what we will work on for the year in each Borough!



We are very excited to announce that starting this September, the BBC's will be opening up nominations to vote in a new Co-chair(s) for **each of the Boroughs** for the 2023-2024 Borough Based Council Year! Come join us for more information!

This Month:

Staten Island BBC invited **Brett A. Scudder, founder of the Scudder Intervention Services Foundation, Inc.** to share awareness, knowledge, speak on his personal experience.

Bronx BBC announced that meeting duration will now go from 2-hours to an hour & a half.

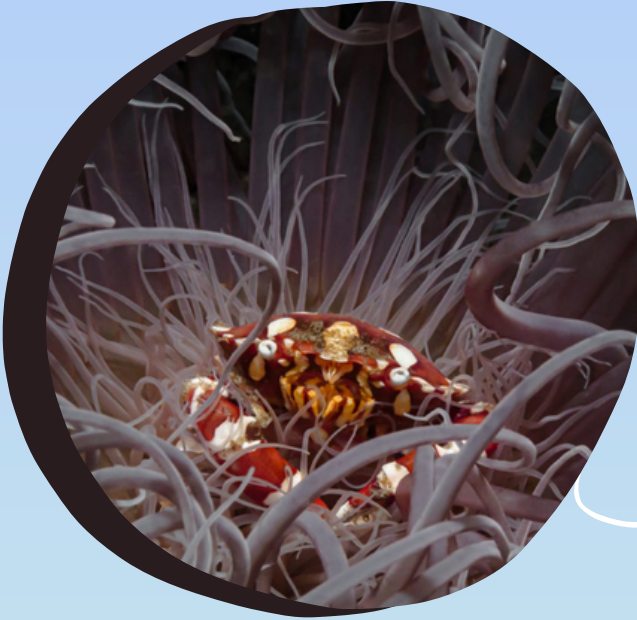
Manhattan BBC is looking to invite more parent & provider voices. **Starting November, Manhattan BBC will be scheduled on the 2nd Tuesday of every month from 10am - 12pm.**

Brooklyn BBC Co-chair Evelyn Pugh proudly promoted her new business: **EVE'S CORNER!** We look forward to seeing this grow. Congrats Evelyn!

Queens BBC has finished their Resource Palm Card & is excited to start getting those out to the community. Thank you, Co-chair Kathy Gardini!

Feel Good Stories

Sept. 2023

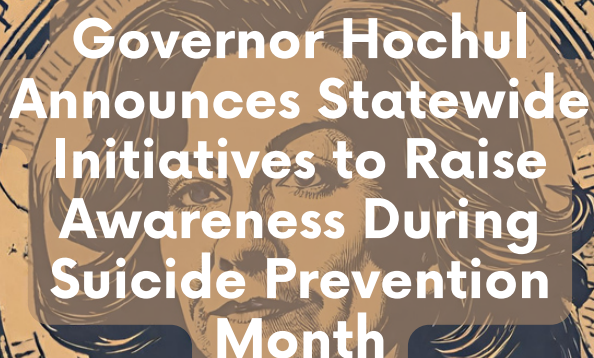


The winners of the
Ocean
Photographer of
the Year 2023
have been
revealed

Farmer plants 80
acres of
sunflowers for
wife of 50 years

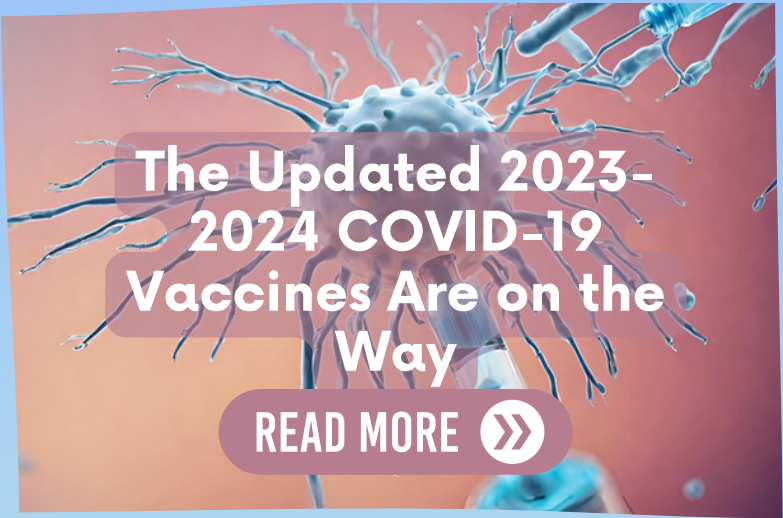


Entire Family
Shares Same
Birthday as Twins
Are Born the
Same Day as Both
Their Parents

A background image for the first article featuring a close-up of a gold coin. The coin has a portrait of Governor Hochul and the words "GOVERNOR OF THE STATE OF NEW YORK" and "1784" around the edge.

Governor Hochul Announces Statewide Initiatives to Raise Awareness During Suicide Prevention Month

READ MORE >>

A background image for the second article showing a microscopic view of a virus or cell. It has a central blue nucleus-like structure with many thin, branching, light blue filaments extending outwards.

The Updated 2023- 2024 COVID-19 Vaccines Are on the Way

READ MORE >>

A background image for the third article showing a dense crowd of people. The people are represented by colorful, stylized silhouettes in shades of purple, blue, yellow, and orange.

Many big US cities now answer mental health crisis calls with civilian teams — not police

READ MORE >>

A background image for the fourth article showing a close-up of a person's hand. The hand is wearing a white sleeve and is positioned over a laptop screen, which is glowing with a bright blue light.

New AI tools are helping doctors screen for mental health conditions

READ MORE >>

A background image for the fifth article showing three people in a formal setting. On the left is a woman in a blue dress, in the center is a man in a blue suit, and on the right is a woman in a dark blue dress. They are standing in front of a wall with a map and the Presidential Seal.

Biden-Harris Administration Announces More Than \$200 Million To Support Youth Mental Health

READ MORE >>

A background image for the sixth article showing a group of diverse students in a classroom. Some are sitting at desks, while others are standing. They are engaged in various activities, some looking at laptops or books.

Student Mental Health Matters toolkit launched for educators

READ MORE >>

Upcoming Events

Sept. 2023



5K 9TH ANNUAL EAST BROOKLYN RUN/WALK



RUN/WALK

Saturday, October 7, 2023

Check In: 8AM | Race Begins: 9:20AM

SPRING CREEK PARK @ GATEWAY MALL

REGISTRATION:

bit.ly/2023ENY5K

Call (718) 676-5920 for more info



THE NEW YORK CITY DEPARTMENT OF CORRECTION DISASTER RELIEF ASSOCIATION, N.Y.C.D SOCIETY OF CORRECTION OFFICERS IN THE MILITARY, C.A.R.E UNIT AND C.O.B.A IS HOSTING THEIR

1ST ANNUAL SUICIDE AWARENESS 5K WALK/RUN

SATURDAY, OCT. 07, 2023

9:00AM-1:30PM
WALK STARTS: 10:00AM SHARP



**SHIRLEY CHISHOLM STATE PARK
1750 GRANVILLE PAYNE AVE
BROOKLYN, NY 11239**

IF YOU INTERESTED IN PARTICIPATING PLEASE CONTACT:
nycdocdra@gmail.com Jessica Davis (347) 420-0973

New York Psychotherapy and Counseling Center

PARENT CAFE

Street Violence:
What Parents Can Do To Support Their Children After a Traumatic Event

October 18th, 2023 at 3:00PM - 4:00PM EST
Register for the Zoom link

Spanish interpretation is available - Interpretación en Español estará disponible

REGISTRATION IS FREE!

Click to Register

FRIDAY OCT. 13 5-7 PM ET
NE Bronx YMCA
1250 E 229th Street
Bronx, NY 10466

MENTAL HEALTH IS ALL OF US

This is What Mental Wellness Looks Like.

Join us for our Mental Health is All of Us community event. This is an interactive and hands-on session bringing together the community, stakeholders, and youth to participate in therapeutic events and community dialogue via an open and honest conversation on the youth mental health crisis. In the sessions, we will also co-design strategies for healing for our communities.

JOIN US AT THE YMCA FOR:

- Work-Related Trauma Workshops for Teachers
- Race and Therapy for Adults
- Art Therapy, Music Therapy, Dance Therapy & Play Therapy for Children
- Peer-to-Peer Activities for Teens
- Expert Panels and Presentations
- Parent Workshops
- Q&A Sessions
- Resource Fair

REGISTER HERE



HURRY SPACE IS LIMITED!
QUESTIONS?
You can email us at info@iraieinc.org or give us a call at 718-725-8996.

THANK YOU TO OUR FUNDERS!



WHO IS I'RAISE?

I'RAISE Girls & Boys International Corporation is a nonprofit providing mental health and education services to low-income and underserved communities. Learn more at iraieinc.org.

NAMI NYC STATEN ISLAND COMMUNITY INFORMATION NIGHT

Guest Speaker: Rafael Mangual
Peer Advocate for Baltic Street AEH

Baltic Street is an organization that has been helping adults living with a mental health diagnosis since 1996. People living with labels of mental health diagnoses provided services for clients, and a revolution took place: the peer-to-peer model.

Baltic Street is now the largest Peer Agency in New York State, with 13 programs (8 growing). We provide housing, employment, training, entitlements, education, empowerment, and self-help skills, which are essential to an independent and meaningful life in the community. Baltic Street AEH advocacy programs have adapted a holistic one stop approach offering a myriad of services includes: processing HRA supported housing applications, assistance with entitlements, group services, escorting, Wellness and Recovery practice, resources and information. The advocacy's mission is to provide services that assist individuals with mental health diagnosis integrating into the community, improving quality of life, and enhancing wellness, empowerment and recovery efforts.

Rafael Mangual has been a Peer Advocate with Baltic Street since 2020. Working at the Manhattan Self-Help program before being promoted to the Program Manager for the Staten Island Peer Advocacy Center. Rafael enjoys this work very much and is looking forward to continue providing advocacy and support to the local community.

Eligibility: Adults 18 years and older with a mental health diagnosis
WEDNESDAY, OCTOBER 11TH, 7-9PM

RUMC SIPP AUDITORIUM
355 BARD AVENUE STATEN ISLAND, NY


Free to attend




Upcoming Events cont.

Sept. 2023

Join us on
Monday, October 2, 2023!
6:00PM-8:00PM



Dinner



Mayor's Office of Community Affairs
Alina Dowe

**159 Dreiser Loop
Bronx, NY 10475**

Mental Health First Aid

A Free Certification Course

Learn to recognize the signs and what to say to support and help each other.

Every year, 1 in 5 people will deal with a Mental Health issue. In New York, its 1 in 4.
Work towards ending the stigma around getting help.



This particular training is open to those affiliated or working with **Non Profit** organizations.
A light Breakfast will be served

New York Psychotherapy & Counseling Center
Bronx Child & Family Mental Health Center
579 Courtlandt Ave. Bronx, NY 10451

Youth Certification: Friday, OCT 6th, 9am-5pm
To see dates and register visit:
<https://NYPCC.timetap.com>
Or scan the QR Code 

Mental Health First Aid is a **FREE** 8-hour course that will help you:

- Identify signs and symptoms of anxiety, depression, and other mental illnesses
- Learn how to respond if you see these signs in youth, friends, and loved ones
- Connect persons to appropriate professional, peer, social, and self-help care

All participants receive a 3-year certification in Mental Health First Aid

 For more information about the hosting organization contact:
Anthony Otten, Community Outreach Specialist via
Cell (917) 232-1032 or by email at A.Otten@nypcc.org



Want to be added to our Events Page? Contact The CCSI Program Coordinators:

Ali Cruz | Erika Esquivel
acruz@vibrant.org | eesquivel@vibrant.org



Resources

Sept. 2023



**Scudder Intervention
Services Foundation,
INC.**



**988 Suicide & Crisis
Lifeline**



Astor Services



**Goodwin Sunshine
Foundation, INC.**



Acacia Network



**Health Information
Tool for
Empowerment**

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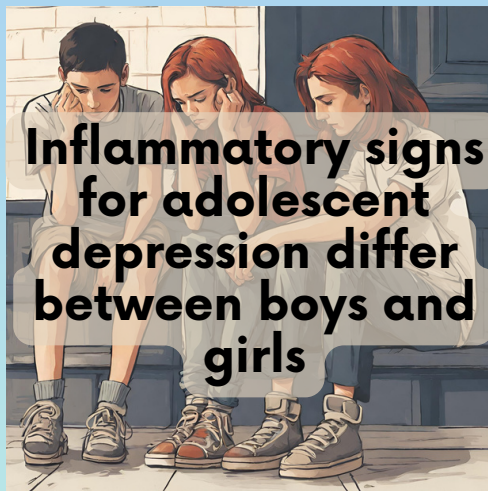
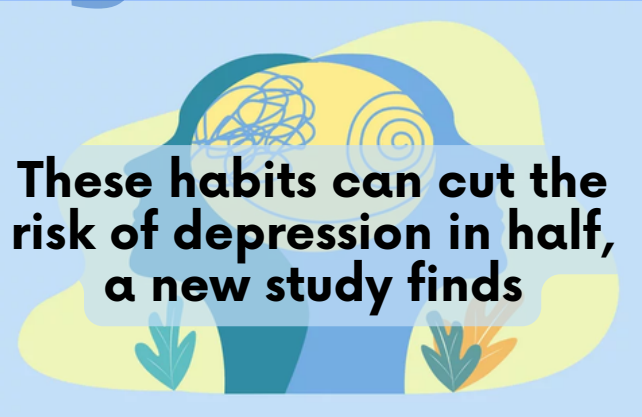
Blogs

Sept. 2023

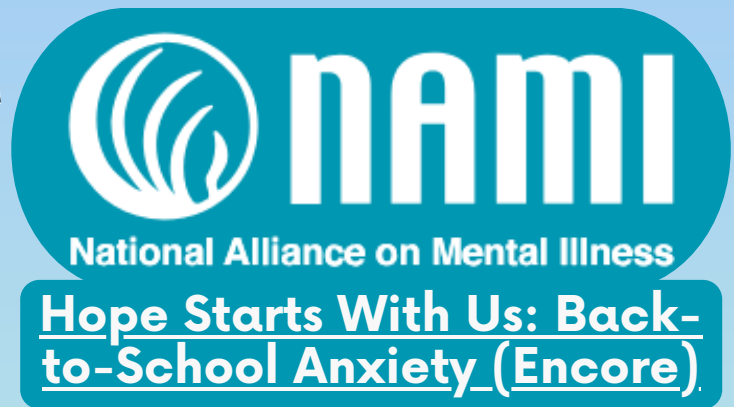


This Simple Fix Could Help Anxious Kids

These habits can cut the risk of depression in half, a new study finds



Inflammatory signs for adolescent depression differ between boys and girls



Want to Believe in Yourself? 'Mattering' Is Key.



5 Potentially Lifesaving Items to Add to Any First Aid Kit

