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# CITYWIDE-OVERSIGHT COMMITTEE COORDINATED CHILDREN'S SERVICES INITIATIVE FAMILY CO-CHAIRS

Monthly Email Newsletter



Monique Lindsay Family/ Parent Advocate

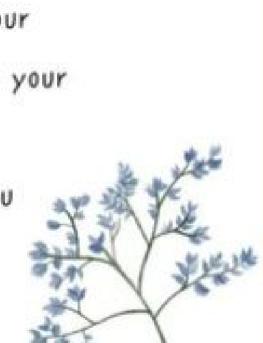
CCSICOCFAMILYCOCHAIRS@VIBRANT.ORG CCSINYC.ORG

November 2023

#### Hello November

- Not everyone gets you, but it's
- Okay, because when you
- Value your time, attention and
- Energy, you attract
- More people who see your
- Beauty and worth. Own your
- Enoughness, and the
- Right ones will find you

Our MindfulLife.com





WE ARE HERE TO SUPPORT STUDENTS, PARENTS, CAREGIVERS AND FAMILIES.

WE WANT TO HEAR FROM COMMUNITY MEMBERS, LEADERS, ADVOCATES, TEACHERS, PRINCIPALS, SAFETY OFFICERS, COORDINATORS, MENTAL HEALTH AND MEDICAL PROVIDERS.

SEND US INFORMATION, RESOURCES, ARTICLES, FAMILY VOICES, STORIES, EVENTS, POETRY AND MUCH MORE.....

### SPOTLIGHT

#### **Community ORGS Uniting to Save Lives**

According to data captured by the Centers for Disease Control and Prevention, there were nearly 110,000 overdose-related fatalities in 2022. In the span of just one year, from 2021 to 2022, opioid-related deaths surged by 12% in New York state. The overdose statistics specific to New York City revealed that of the 3,067 unintentional drug poisonings, 68% were either Black or Latinx residents.

The opioid epidemic also reveals growing disparities among women, specifically those who are pregnant. Over the past two decades, the opioid epidemic has affected an increasing number of women, most of them of childbearing age. In the U.S., about 90 infants per day, or 1 every 15 minutes, are born physically dependent on opioids and may require various levels of intensive care to wean them from the substance.

The rising number of expecting and postpartum mothers affected by opioid addiction and the associated risk of death highlights a need for addressing the challenges they encounter in accessing substance use treatment. To meet this need, FIVE ORGANIZATIONS have unified their efforts to provide specialized substance-use treatment services, healthcare access, and support for expecting and postpartum mothers in the fight against opioid addiction.

Here's who's involved:

Mount Sinai stands as one of New York City's leading hospital networks, offering a comprehensive range of medical services to millions of New Yorkers. In an effort to enhance access to pre and post-natal care for mothers, Mount Sinai will bridge connections between participating mothers and a network of OB-GYNs, physicians, and doulas.

RevCore is a leading center for behavioral health and substance use treatment, fostering hope and overall well-being in mind, body, and spirit for those in recovery. In their commitment to assisting participating mothers, RevCore will expand access to substance use disorder treatment, offer medication-assisted treatment, provide mental health counseling, and offer support in ACS and treatment court cases.

The PILLARS is Manhattan's first state-funded recovery center, expanding holistic recovery care to benefit thousands of NYC residents, especially those who are Black and Brown. In an effort to support mothers participating in the program, The PILLARS will facilitate access to holistic recovery practices, including acupuncture, yoga, reiki, and meditation. Additionally, the center will connect mothers with inhome and community-based services tailored to the specific needs of each client.

NADAP takes great pride in its mission to offer life-saving healthcare and employment services to underserved communities in New York. In their dedication to assisting participating mothers, NADAP will aid in securing SNAP benefits, offer assistance with ACS and treatment court cases, and provide referrals to in-home and community services based on individual needs.

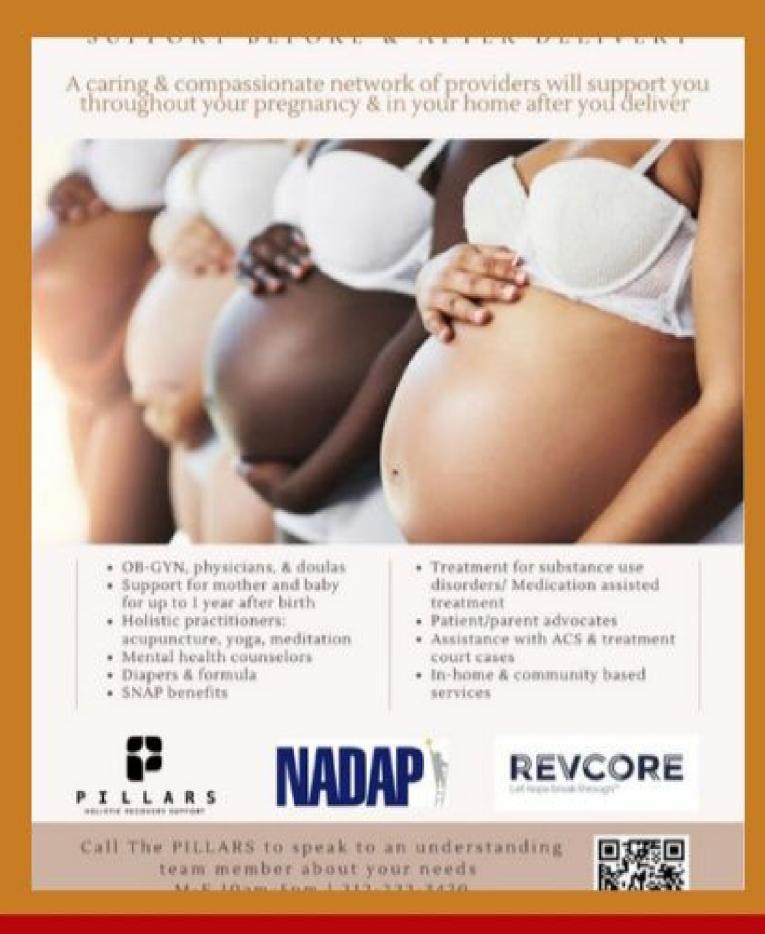
Odyssey House has been a steadfast source of support for thousands of New Yorkers facing addiction, aiding them in their journey to recovery and helping improve their physical and mental well-being. In their commitment to assisting participating mothers, they will offer treatment for substance use disorders, medication-assisted treatment, and facilitate referrals to in-home and community services tailored to individual needs.

All partners take immense pride in uniting to create the first network of providers in New York City offering maternal support and recovery treatment for expecting and postpartum mothers. Through compassion and care, we yearn to create spaces where mothers feel uplifted and confident to embrace motherhood while leading substance-free lives.



Maslow's hierarchy of needs

For more information about this program and to stay connected for maternal support, please visit pillarsnyc.org or call 212-222-3470 (The Pillars 2023 )





# DID YOU KNOW?



# VETERANS DAY

HONORING ALL WHO SERVED

THE BRONX ZOO IS OFFERING FREE ADMISSION AND 50% OFF FOR UP TO THREE GUESTS.

AT CHECKOUT, USE THE
PROMOTIONAL CODE
MILITARYBZ FOR ACTIVE
PERSONNEL AND VETERANBZ
FOR VETERANS.

FOR MORE INFORMATION
CLICK HERE.

THE NEW YORK AQUARIUM IS
OFFERING FREE ADMISSION
50% OFF FOR UP TO THREE
GUESTS.

THE PROMOTIONAL CODE

MILITARYNYA AND

VETERANNYA FOR VETERANS

DURING CHECKOUT.

FOR MORE INFORMATION

CLICK HERE.

#### DISCOUNTS

MILITARY VETERANS CAN GET FREE FOOD, COFFEE, AND OTHER DISCOUNTS ON VETERANS DAY 2023. SOME OF THE DEALS INCLUDE:

APPLEBEE'S: FREE ENTREE FROM A SPECIAL MENU ON NOV. 11. DINE-IN ONLY.

BOB EVANS: FREE MEAL FROM A SELECT MENU OF 10 FARM-FRESH BREAKFAST ITEMS ON NOV. 11.

BONEFISH GRILL: 10 PERCENT OFF FOR SERVICE MEMBERS, VETERANS AND FIRST RESPONDERS YEAR-ROUND WITH VALID ID BUFFALO WILD WINGS CHILI'S & TARGET

#### **NOVEMBER AWARENESS MONTH**

ALZHEIMER'S AWARENESS MONTH | ALZHEIMER'S FOUNDATION OF AMERICA HTTPS://ALZFDN.ORG/ALZAWARENESSMONTH/

NOVEMBER: AWARENESS MONTHS & HOLIDAYS FOR CAUSES (2023)

HTTPS://WWW.GOODGOODGOOD.CO/ARTICLES/NOV EMBER-AWARENESS-DAYS-MONTHS

NATIONAL EPILEPSY AWARENESS MONTH: HOW TO GET INVOLVED - MEDICAL NEWS TODAY HTTPS://WWW.MEDICALNEWSTODAY.COM/ARTICLES/ EPILEPSY-AWARENESS-MONTH

NOVEMBER IS MEN'S HEALTH AWARENESS MONTH EXCELSIOR UNIVERSITY

HTTPS://WWW.EXCELSIOR.EDU/ARTICLE/NOVEMBER-IS-MENS-HEALTH-AWARENESS-MONTH/

AMERICAN DIABETES MONTH | ADA
HTTPS://DIABETES.ORG/GETINVOLVED/COMMUNITY/AMERICAN-DIABETESMONTH

NEW YORK STATE DEPARTMENT OF VETERANS'

SERVICES.

TEL:9143776700

CLICK HERE

# SHARING INFO & RESOURCES





# CCSI, COC FAMILY CO-CHAIRS NEW YORK CITY

CONTACT US SEE INFORMATION BELOW

#### CCSI BOROUGH BASED COUNCIL MEETINGS

GLWD.ORG/THANKSGIVING

BRONX BROOKLYN QUEENS MANHATTAN ,& STATEN ISLAND
SEE CALENDAR BELOW



WE ARE
HERE FOR
YOU



Coordinated Children's Services Initiative.
City-Wide Oversight Family Co-Chairs
Karmita (347) 595-9426
Monique 646) 401-2773
CCSICOCFAMILYCOCHAIRS@vibrant.org



THE COORDINATED CHILDREN'S SERVICES INITIATIVE (CCSI) OF NEW YORK CITY IS A UNIQUE CROSS-SYSTEMS FORUM THAT BRINGS TOGETHER PARENTS, CAREGIVERS, YOUTH, AND SERVICE PROVIDERS THROUGHOUT THE FIVE BOROUGHS OF NYC ON A MONTHLY BASIS TO CREATE MEANINGFUL DIALOGUE, SHARE RESOURCES, AND ADVOCATE FOR INCREASED AWARENESS AND QUALITY ACCESS TO CARE FOR CHILDREN AND YOUTH WITH MENTAL AND EMOTIONAL HEALTH CHALLENGES. USING THE SYSTEM OF CARE MODEL\*, CCSI MEMBERS TACKLE SOME OF THE TOUGHEST BARRIERS STANDING IN THE WAY OF YOUTH RECEIVING COMPREHENSIVE AND STREAMLINED SERVICES TO SUPPORT THEIR HEALTH AND WELL-BEING AND WORK TOGETHER TO ADVOCATE FOR POSITIVE CHANGE. (CCSI 2023)